

## ***Wheat Berry “Blender” Pancakes***

1 cup wheat berries  
1 ½ cups milk  
½ cup applesauce (or oil)  
1 egg  
3 tsps baking powder  
2 tbsp sugar  
1 tsp salt  
additional flavorings as desired

Blend 1 cup milk with wheat berries for 2-3 minutes. Add rest of milk and blend for 2 minutes. Keeping the blender going, add remaining ingredients. Cook on hot griddle or skillet.

You may add vanilla, cinnamon, fruit, or other ingredients as desired.